

Head Injury/Brain Injury/TBI ~ Questionnaire and Checklist

This checklist is designed to assist us in understanding if you or a member of your family has suffered from any form/type of head injury or brain injury from mild to severe. Under each heading, please check each item that applies and answer each question when relevant.

IN-HOME

- Birth trauma: blue baby, cord around neck, forceps delivery
- Blunt trauma
- Dropped on head
- Fall out of crib
- Fall off chair
- Fall on ice
- Fall off ladder
- Fall off roof
- Fall down stairs
- Fall out of a tree
- Fall out of a window
- Fell from object
- Hitting head or forehead on the hard surface of a piece of furniture or counter-top
- Infant rolling off a diaper changing surface onto a hard surface floor
- Shaken trauma
- Slip and fall
- Sudden drop sudden stop

OTHER:

OUT OF HOME

- Motor vehicle accidents
- Projectile penetrating injury
- Slip and fall
- Sudden drop, sudden stop
- Performing Arts (Theatre)
- Trip and fall while using a cell phone

OTHER:

HEALTH / MEDICAL / INITIAL NON-PHYSICAL TRAUMA

- Chemotherapy
- Heavy metal toxicity
- Hypoxia

- Inter-cranial bleeding, hemorrhagic, stroke
- Ionizing radiation
- Ischemia (surgery)
- Medications (Tamoxifen, Arimdex)
- Multiple surgical procedures
- Pituitary adenoma
- Repetitive or prolonged surgery
- Sheehan's Syndrome
- Starvation
- Stroke, brain hemorrhage
- Toxins in Air-Food-Water
- X-rays, Dental, CT Scans.

OTHER:

SPORTS

- Baseball
- Basketball
- Boxing
- Break dancing
- Cheer leading
- Contact sports
- Dance
- Dirt Bikes / Motocross
- Extreme sports
- Fall off bicycle
- Fall of horse
- Fighting/wrestling/boxing
- Football
- Gymnastics
- Hover board
- Ice and Roller Hockey, especially as a goalie
- Martial arts / Mixed martial arts
- One Wheel Boards
- Parachutist

SPORTS Continued

- Playground injuries - accidental bang of the head on the playground equipment, etc.
- Race car driving

- Rotation revolution, i.e. Rollercoaster rides
- Rugby
- Skate boarding
- Skating -slip on the ice and "crack" your head
- Sledding and hit an object
- Slip and fall
- Snow boarding
- Snow skiing and fell
- Soccer
- Stock car racing
- Surfing
- Target shooting with guns
- Track and Field
- Water Polo
- Water skiing
- Wrestling / Grappling
- Zip lines

OTHER:

MILITARY

- Artillery / Cannon noise
- Blast trauma
- Explosion (IED)
- War injury (explosives, etc.)
- High speed/ High-G maneuvers

OTHER:

WORK AND OTHER

- Automobile accident
- Compressor driven tools, pneumatic tools (jack hammer, nail guns)
- Explosives
- Jet engines (exposure to noise)
- Motorcycle accident
- Repetitive gun fire

OTHER:

INJURIES

- Head banging
- Head thrashing (very popular with metal and hard rock genres)
- Hits self in head when angry, upset, frustrated, etc.

Whiplash

OTHER:

Abuse

Fighting (physical fighting/punching)

Hit in head

Punch or blow to face/head

Slapped in head

OTHER:

If you had a head injury, did your head injury result in having any of the following:

Black out

Bump on head

Concussion

Knot on head

Lacerations/bleeding/stiches

Skull fracture

OTHER:

SYMPTOMS OF HEAD INJURY / BRAIN INJURY / TBI

If you had a head injury, did you experience any behavioral deficits?

Aggression

Cognitive –related impairments

Coping skills deficits

Emotional dysregulation

Interpersonal skills problems

Self-care skills have diminished

OTHER:

If you have experienced a head injury, since having the head injury have you experienced any of the following symptoms:

Agitation

Aggression

Alcohol use (increased)

Altered executive function

SYMPTOMS Continued

Anxiety (panic attacks)

Apathy

- Ataxia (unsteadiness)
- Attentional problems
- Balance problems
- Blurred vision
- Change in sense of smell
- Change in vision
- Change in menses (periods)
- Coldness
- Confusion
- Decrease in intelligence
- Decrease in recent memory
- Decrease in remote memory
- Depression
- Dizzy (vertigo)
- Ear infections
- Emotional lability
- Fatigue
- Focusing problems
- Foggy headed
- General intelligence deficits
- Headache
- Hearing deficits
- Impulsivity
- Impaired judgment
- Increase in tiredness or fatigued
- Information processing problems / slowed processing
- Irritable/angry
- Lack of Concentration (focus)
- Lack of Interest in life/ Bored
- Lack of sex drive (libido)
- Lack of competitiveness
- Lack of confidence
- Language problems
- Light headed
- Memory problems
- Moody / mood swings

SYMPTOMS Continued

- Motor skills deficits
- Nausea

- Obsessive thoughts
- On-set of insomnia
- Periods of disorientation
- Poor memory
- Recurrent headaches / migraines
- Seizures
- Self-isolation
- Sensitivity to light/noise
- Sinus problems
- Sleep problems
- Sleeping more (hypersomnia)
- "Spacey" spaced out
- Substance abuse
- Sudden out-bursts of Anger
- Sudden Irritability
- Walking/gait problems
- Weakness
- Weight gain
- Weight loss

Additional Inquiries:

1) History of prenatal events, like difficult/long labor, whether forceps or aspiration were used, was the cord wrapped around neck, condition at birth, etc.

2) As a child have you ever had sustained high temps. (like 104 or 105).

3) Have you ever had a "lick" to the head that knock them out or cut their scalp? Have you seen stars or had your bell rung?

4) Have you ever tripped (on the sidewalk or unlaced shoelaces - especially older folks) and hit your head as a result.

Additional Inquiries Continued:

5) Have you engaged in "playfighting" or fighting or wrestling and had knocks to the head.

6) Have you ever had broken bones, (i.e., a patient may not report a head injury, but did break a collar bone in a fall).

7) Do you experience "Emotional Incontinence" (involuntary laughing or crying spells provoked by trivial stimuli).

8) Have you EVER been to the emergency room? If yes, can you tell me the story of that incident?

OTHER: